DISTRICT OF COLUMBIA

I. PURPOSE

Due to the coronavirus (COVID-19) emergency, the Metropolitan Police Department (MPD) is modifying MPD gym operations in accordance with Mayor’s Order 2020-075 (Phase Two of Washington, DC Reopening). Effective immediately, Department gyms are open with limited access, strong safeguards, and physical distancing. The purpose of this executive order is to provide guidance for members using Department gyms during the COVID-19 public health emergency. This order will be updated pursuant to the release of new guidance.

II. PROCEDURES

A. To help reduce the risk of COVID-19 transmission, Department gyms will operate according to the following guidelines, pursuant to Mayor’s Order 2020-075:

1. The Corporate Support Bureau (CSB) shall ensure that occupancy guidelines are posted and that equipment accommodates social distancing requirements (i.e. 10 feet apart). CSB shall cordon off equipment that is too close together, as needed.

2. Members shall adhere to the posted occupancy guidelines.

3. Members shall observe social distancing requirements while exercising.

4. All members shall wear face covering when entering, exiting, or walking around the gym and when within 6 feet of other people. When exercising, members are encouraged to wear a face covering if social distancing is not possible.

5. Members should perform frequent hand hygiene with soap and water, or alcohol-based hand sanitizer if soap and water not available.

6. Members shall use one piece of equipment at a time (i.e., no circuits or super sets) so that the member can clean the machine after each use.
7. Members shall clean all equipment with EPA-approved disinfectants immediately before and after using equipment. CSB shall ensure that each gym contains the necessary cleaning supplies.

B. Any member experiencing symptoms of COVID-19, or recently exposed to someone diagnosed with COVID-19, shall not visit the gym due to the risk of exposing others.

Peter Newsham
Chief of Police

PN:KDO:MOC:SMM